

Partners in CARE

Maury Regional Health and NHC partnered on a skilled nursing and transitional care facility in Columbia.



MAURY REGIONAL HEALTH WORKS WITH OTHER CARE ORGANIZATIONS TO EXPAND SERVICES

One of Maury County's most attractive economic and quality-of-life assets is the standout health care available to residents, relocating companies and their employees.

"Health care is another quality-of-life asset we have with Maury Regional Medical Center," says Wil Evans, president of the Maury Alliance. "The medical center is ranked No. 1 in Tennessee for overall hospital care and surgical care by CareChex.com, so you can get a high level of care and service here that you may not be able to get in other semi-rural communities. But then, less than an hour away, you have access to

the research hospitals and well-respected specialists in Nashville."

Maury Regional Health serves a quarter-million residents each year through Maury Regional Medical Center and its affiliate facilities. To keep

pace with the county's growing population – Maury County ranks among the top five fastest-growing counties in Tennessee – the health system has invested several million dollars to expand services while maintaining a high quality of care.

"We feel like we're an important part of ensuring that this is an attractive community for businesses to either set up new operation or expand existing operation," says Alan Watson, CEO, Maury Regional Health.

In 2016, the hospital opened a new, \$12 million, 28,000-square-foot Critical Care Department on the fifth floor of Maury Regional's patient tower. The new unit increased the number of critical care rooms from 24 to 26, equipped with modern amenities for patients and their families, including larger rooms with sleeping alcoves for family members and a visitor common area with a kitchenette and showers. Maury Regional has also invested in state-of-the-art technologies, such as the da Vinci Xi Surgical System, which uses advanced robotic, computer and optical technologies to assist during surgeries.



NHC: BRIAN MCARD

\$18.3M

Investment by NHC and Maury Regional Health in a skilled nursing and transitional care center in Columbia

125+

Jobs created at new NHC-Maury Regional Transitional Care Center

104

Beds at the facility



The NHC-Maury Regional Transitional Care Center includes a state-of-the-art rehabilitation gym.

“We don’t want folks to have to drive very far for health care. Our size allows us to spread out across the southern Middle Tennessee region and provide the very best care as close to home as we possibly can,” Watson says.

POWERFUL PARTNERSHIPS

Watson says another way the health care system maintains a high level of quality care is by partnering with other health organizations to bring specialized services to Maury County. Maury Regional recently partnered with Murfreesboro-based National HealthCare Corp. (NHC) to build a skilled nursing and transitional care center in Columbia, an \$18.3 million investment that will create more than 125 jobs. The new center, called NHC-Maury Regional Transitional Care Center, includes private

rooms, enhanced dietary services as well as a state-of-the-art rehabilitation gym for inpatient and outpatient physical therapy.

“Because of the age and design of the facilities, it made sense to combine the 92 skilled nursing beds at our Hillview location with the 20 beds from Maury Regional Skilled Nursing Unit,” says John Lines, NHC senior vice president and general counsel. “A second motivator was the changing nature of health care in the 21st century. All providers – acute and post-acute – are becoming increasingly responsible for the care and outcomes of their patients once they leave their buildings. It made sense for two quality organizations to partner together to enhance care across the continuum. MPMC and NHC have worked well together for decades. There was, and is, a mutual respect for the

commitment to excellent health care that both organizations maintain.”

Maury Regional is also working with TriStar HCA to build a 60-bed behavioral hospital in Columbia. If approved by the state, the proposed \$24.4 million facility will add 100 new jobs when it opens in 2018. The hospital will be TriStar’s second facility in Maury County. TriStar Spring Hill ER provides adult and pediatric emergency and urgent care services, including rapid acceptance and treatment for strokes and heart attack.

“In areas where we’re not the expert, we look for expert partners,” Watson says. “TriStar HCA has a long history of providing behavioral health services, not only in the Middle Tennessee region, but across their entire system.”

– Teree Caruthers